



## Epilogue



**Bae Yeon-gyeong**  
Department of Airline Service 3

Hello. It's been awhile. How have you been? This is the last edition of the <KWU TRIBUNE> that I have made. So, I've put a lot of new types of articles that I hadn't try up to this point. I'm not sure if you will like it or not. During my time here, I was able to learn various things while working as a member of the KWU Media Center. I also want to thank my juniors for letting me know the true meaning of 'Teamwork'. It's a shame to think that this paper is my last one.

I hope that many people will be interested as it is the result of the fact that I gave it my best. Also, please stay tuned for future editions of the <KWU TRIBUNE>, which will continue to develop without me. I will always watch and give some feedback whenever it is published. Thank you for your time and consideration, and I will prepare for the interview as hard as I can as I'm currently a 4th year student. Likewise, feedback is always welcome, so feel free to contact me!



**No Hyun-ju**  
Department of Airline Service 2

Hello, readers of <KWU TRIBUNE>! I'm back again with some new and interesting articles. I also wrote an article with a new junior reporter, I-yan. I'm already showing you my fourth Tribune. Every time I write an article, I feel a new emotion. So, I'm looking forward to seeing you. Sometimes it's a shame that the paper is published only once a semester. As time goes by, I want to show you better articles.

Thus, I'm going to work harder and try harder. I'd like to say thank you to those who keep reading our paper and I hope that new readers will be attracted to the Tribune's charm. With that being said, I hope you'll be with us in the future. Thank you!



**Kim Jin-hee**  
Department of Airline Service 2

Long time no see <KWU TRIBUNE> readers. How are you? It is time to show you my second article. Looking back on the 38th tribune, I felt a lot of pressure to do well, but I think I had a lot of fun writing articles. And as much as I am concerned about choosing photos for the articles and design editing meetings, I have a lot of affection for my role. The 39th issue is accordingly full of my affection as I tried to put something together that would be useful to you. I hope you all enjoy it.

Finally, as I showed in my first article last semester, our friend named I-yan became a reporter for the tribune this semester. I look forward to working with I-yan. Please have a look at this edition of the tribune, which is full of various content. Thank you!



**Ha I-yan**  
Department of Airline Service 1

Hello! I'm the newest member of the <KWU TRIBUNE>. I was a freshman who was full of fascination when I entered university. I have already finished the first semester and I am about to become a sophomore. I think the time passed so fast because I'm always having so much fun. <KWU TRIBUNE> came into my sight at the end of the first semester when I decided to try a novel innovation.

At first, I thought it would help me study English. However, it has become a source of happiness in my school life because I can get access to various news and people all while studying at the same time. To be honest, I felt a big burden to write articles at first. But I tried to write articles with content that I was interested in, and everyone's help made the writing process much easier. I'll keep trying to write a lot of useful articles, so keep an eye out for them. Thank you!



# CONTENTS



- 04 Campus News
- 07 Study Tips! How to Increase Concentration
- 09 Recommend a Song with Korean Lyrics
- 10 Recommend a Movie Based on Our Beautiful Heritage 'Hangul'
- 12 Festivals to Enjoy in Jeju
- 14 Soswaewon Walking with Yang San-bo of Soswaechesa
- 16 Review of the 20th Eo-deung Broadcast Festival
- 17 How Much Do You Know About Halloween?
- 18 K-Beauty Enjoys Great Success at the 'Sephoria' Fair
- 19 Managing Health During the Change of Seasons



## Department of Early Childhood Education, Exploring Learning Spaces and Special Lectures for the University Major Experience



On October 12, Kwangju Women's University's Department of Early Childhood Education proceeded through a tour of learning space and also attended a special lecture for their university major experience to mark their visit to Naju High

School. After a welcome greeting by Cha Young-hee, the head of the Department Early Childhood Education, high school students looked at the teaching materials produced by early childhood education and looked around the study space. After hosting a special lecture called 'Technique of Love for Children, an Emotional Coach,' Department of Early Childhood Education Professor Kwak Kyung-hwa guided preparation and career to become an early childhood teacher and had time to question and answer.

Participants learned how to get emotional coaching, came directly to the Department of Early Childhood Education, looked at teaching materials, and said that it was a meaningful time and would be a good teaching tool for the children.

## Department of Secondary Special Education, Special education experts will give special lectures to prepare for the 2020 recruitment exam



Kwangju Women's University's Department of Secondary Special Education planned and conducted a special education expert special lecture on Oct. 4 in preparation for the 2020 recruitment exam. Special education experts' special lectures in preparation for the appointment exam are one of the programs aimed to strengthen job competency.

The lecture was planned and conducted at the request of department students to mark the opening of the third semester of the 2019 school year. Experts were invited by Seo-jin, CEO of Seo-jin Special Education Research Institute, to focus on the recent trends in the examination and strategies for the examination in each field of special education. In particular, the special lecture program was very popular as the special lecture instructor decided a topic focusing on an analysis of students' demands. The dean of the department of secondary special education said, "In order to improve students' ability to take the recruitment exam, we will plan and operate various programs to enhance their job competency, including expert lectures, operation of their own recruitment exam rooms, senior lectures, education essay correction, and mentoring programs."

## 2019 The First half of CAMPUS NEWS



### Department of Nursing, Holds 22nd Nightingale Pledge in 2019



Kwangju Women's University's Department of Nursing announced on the 30th of September 2019 that it held the 22nd

Nightingale Swearing in Ceremony. A few days earlier on the 27th at the International Conference Hall, second-year students embodied Nightingale's noble spirit and read out the candlelight ceremony and the Nightingale oath, pledging their mission as professional nurses. After that, first year students sang a congratulatory song. This event brings students back to the spirit of the nightingale and establishes an accurate perception of nursing through the learning they have done so far. It is also a meaningful ceremony in which the students pledge to respect human life and devote themselves to medical development.

### University Job Center, Manage Image Challenge Program for the Second Half of 2019

KWU University Job Center progressed the 2019 Image Challenge program for the second half of 2019 on Oct 2nd. The program was formed of diagnoses of personal color and photographs of a resume for the upper grades who preparing for employment in order to improve their confidence in interviews.

After conducting a diagnosis of personalized personal color for confident image-making, it was followed by a photo shoot of the resume along with makeup and hair styling services.

The students expressed their feelings that "it was a necessary part of preparing for the interview" and "a lot of help in preparing

for the job." "In the future, we will run a variety of programs to enhance the employment capacity of our university enrolled students", "We will provide continuous support for successful employment," said Lee Jun-su, head of the university's job center.



### Library, run 2019-2nd KWU-Cinema Day

KWU Library announced on 27th that it conducted the KWU-Cinema Day on the seventh floor of its university headquarters MAUM lounge on 24th. As part of the MAUM sharing, the event was organized to provide more easy opportunities for our university members to watch movies.

The library screened "Inton" as its first act and "God with Crime - Punishment" in its second act in front of more than 50 students.

"We will contribute to the cultural lives of our university members by screening films with various themes," said Hwang Ran-hui, the library's president.





## ☞Rainbowí, a volunteer club, conducted mural activities of integrity at Gwangju west fire station



Rainbow, a volunteer club conducted a mural activity that served as a reminder for instituting integrity on November 9 in a corridor within the Gwangju West Fire Station. These mural activities are designed to improve the beauty of old buildings and facilitate general comfort by creating ‘integrity murals’ in corridors frequently used by people. The murals were created in a variety of different styles using a firefighting character ‘Yeong-ung’ and also included the fire department’s slogan.

West fire station chief, Kim Yeong-don said, “Through this event, employees and volunteers were able to cleanse their souls. I expect the fire station to become a popular spot where new murals approach people as familiar images.”

## Liberal Arts Education Center Holds 「a beautiful Korean postcard contest」 in Commemoration of 2019 Hangul Day



Rainbow, a volunteer club conducted a mural activity that served as a reminder for instituting integrity on November 9 in a corridor

within the Gwangju West Fire Station. These mural activities are designed to improve the beauty of old buildings and facilitate



general comfort by creating ‘integrity murals’ in corridors frequently used by people. The murals were created in a variety of different styles using a firefighting character ‘Yeong-ung’ and also included the fire department’s slogan.

West fire station chief, Kim Yeong-don said, “Through this event, employees and volunteers were able to cleanse their souls. I expect the fire station to become a popular spot where new murals approach people as familiar images.”

# How to Increase Concentration

## Study Tips!

How's your concentration? If your concentration is increased, you can be exceptionally efficient even when working or studying for a short time. Since we're now coming back to school after exam period, I'll let you know how to increase your concentration.

### 1 Keeping a balanced empty stomach

When you are full or hungry, you lose concentration. If you are full, you fall asleep because your body's energy is taken mostly from your stomach. However, if you're too hungry, your brain doesn't have enough energy, so you can lose focus. Thus, keeping a balanced empty stomach helps to increase concentration!

### 2 Stretching and Rest

We need to rest our brains. If you concentrate on something for a while, your eyes, back, and many other parts of your body will become tense and tired. If you wish to take a rest when you are tired, such a decision will help to relieve eye strains and getting up and relaxing your muscles with light stretching will also help you concentrate.

### 3 To have curiosity, interest, and expectation

In Edison's case, he didn't get tired after 18 hours of work. The reason is that he did what he liked, but he has always had curiosity, interest, and expectations for his work. Likewise studying is same. Of course, the context is different, but if we have curiosity, interest, and some expectations about what we're doing, we will be able to achieve tremendous results and maintain focus.

### 4 Write a to do list

Make a to do list for the next day before you go to bed. When people follow this practice, they don't have to think about what to do the next day and don't have to do a lot of things. Also, when you finish the list that you have to do for that day, you feel great and fulfilled. This method also helps to increase concentration.

October 9th is Hangeul Day. It is a day to commemorate King Sejong the Great's invention and spread of Hangeul in the world and to praise Hangeul's superiority. In 2012, Hangeul Day was reassigned as a national holiday, and every October we have time to recollect about Hangeul and the King's great achievements. I would like to recommend a place for people to go on Hangeul Day. The National Hangeul Museum was opened on Hangeul Day in 2014 to broadcast Hangeul's superiority as a written system and the overall Hangeul culture. The museum collects, preserves, and researches Hangeul data to communicate with visitors under the topic of "Hangeul." The museum also shows the cultural and artistic merit of Hangeul through its exhibitions and runs various experience activities. On this Hangeul Day, the "2019 Korean Family Festival" will be held from October 5 to 9. There will be experiences such as wood block printing, calligraphy, role play and various events such as family musicals, movie appreciation, and special lectures on the humanities.



## Here's a

# Special Event for Hangeul Day!



## National Hangeul Museum

Number\_ 02-2124-6200

Address\_ 139, Seobinggo-ro, Yongsan-gu, Seoul,  
Republic of Korea

Operating hours\_ weekday 10:00 – 18:00

(The last Wednesday of each month the museum closes at 21:00)

Admission is free



## Recommend Song with Korean Lyrics

### *Let's go to the stars*

uk-jae



When the cold wind blows little by little  
The night sky shines  
On my way home, after a long day  
I suddenly thought of you

Where are you? What're you doing right now?  
Would you like to go see the stars with me?  
Would you like to come out in front of your house?  
You can come out with a light coat

We won't go too far  
But I'll hold your hand  
I don't know the name of beautiful constellation  
Can you go with me?

When the cold wind blows little by little  
I thought of you so much  
After a long day, I'm walking on the quiet night street  
The night sky was so nice

Where are you? What're you doing right now?  
Would you like to go see the stars with me?  
I don't care where we go, can you come out?  
There are many things I wanted to tell you  
But I won't be in a hurry

But I want to hold your hand  
I don't know the name of beautiful constellation  
Can you go with me?  
Where our are headed  
Though I don't know the place

I was alone in the night sky  
I'm walking with you  
That's all I need

### *Lean on me*

Baek Ye-rin

In your heavy footsteps  
I see myself  
With my few words  
will I be able to comfort you?  
How upset are you?  
Is there anything I can do for you?

Now lean on me  
At the end of the day, any time  
So your day can get better  
So you can look forward to tomorrow  
Even if you don't tell me everything, it's alright  
Close your eyes and feel the warmth,  
It's a good day to seep into each other

Light words are a burden to your heart  
I hope I can gather my heart  
And help you to rest  
How precious you are  
If only I can let you know

Now lean on me  
At the end of the day, any time  
So your day can get better  
So you can look forward to tomorrow  
Even if you don't tell me everything, it's alright  
Close your eyes and feel the warmth  
It's a good day to seep into each other

Breathe comfortably  
Lay it all down, just for today  
Now lean on me  
At the end of the day, any time  
So your day can get better  
So you can look forward to tomorrow  
Even if you don't tell me everything, it's alright  
Close your eyes and feel warmth  
It's a good day to seep into each other



## Recommend a Movie Based on Our Beautiful Heritage 'Hangul'

'Han-gul' refers to the name of Korea's unique letters. I would like to recommend a movie based on Hangeul, our noble and beautiful heritage, to mark Hangul Day.



## MALMOE

"MALMOE", a movie about our ethnicity and the people who protected our language. 'MALMOE' was released in January 9 this year. The title 'MALMOE' means to collect the languages of different parts of Korea. I'm sure you're all wondering, what kind of movie is it? Created in 1921, 'The Korean Language Society Affair' was a group created to study and protect Korean language and writing. The film tells the story of 'The Korean Language Society Affair' in the 1940s. It is a movie that gives people a sense of pride in "Hangul," thanking them for their devoted efforts to protect their Korean language at the risk of their lives.



MALMOE

### An impressive a famous line



The King's Letters

*"There is a word in a place where people gather. Where there is word, there is meaning, and there is a path to independence."*

*"Words are the vessels that hold the spirit of the people."*

*"ords are the vessels that hold the spirit of the people.ere is word, there is meaning, and therWhen languages are gathered, they become mind."*

*"Everyone knows how many seeds a peach has, but no one knows how many peaches a peach's seeds has."*

*"In order not to be ruined, I would like to give all my knowledge to all the people of the world."*

*"It would be more difficult to keep and spread letters, not just create them."*

## The King's Letters

A story about the creation of Hangeul, which history has not contained, "The King's Letters".

The central character of the movie "The King's Letters" is King Sejong, whom everyone in Korea knows. The idea of creating our own unique characters is great, but also he wanted to make it easier for all the people to read and write these characters. Thanks to a firm purpose of the King Sejong, we have now become too comfortable using Hangeul to the point where we perhaps take this comfort for granted. After watching the movie, your love for 'Hangul' will grow even more.



# Festivals to Enjoy in Jeju

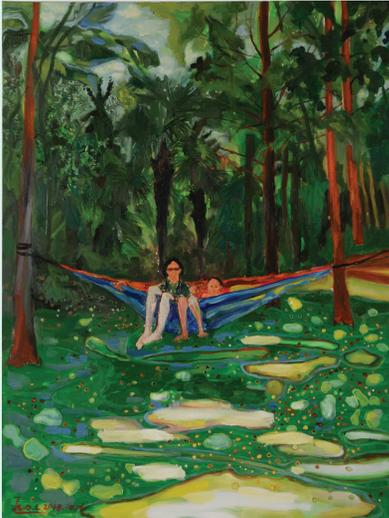


**Art Jeju 2019**

Date  
November 28th ~ December 1th

Place  
Maison Glad Jeju

Price  
10000 Won



## Art Jeju 2019

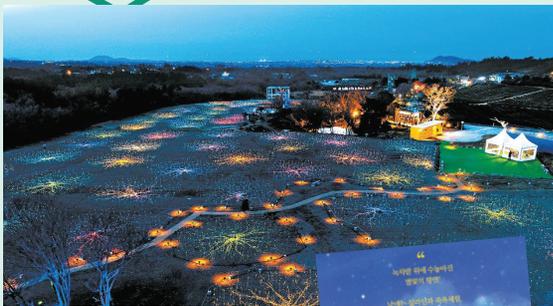


Art Jeju 2019 was a festival first held in 2016 in Jeju, which at the time was a wasteland for the art market. However, now it is growing into an art market where domestic and overseas artists participate. The 'Art fair' is an art festival where galleries participate to exhibit and sell different works of art. In addition, it is a special exhibition where the various spaces are transformed into galleries. For example, pictures can be seen inside the hotel.

This event will allow you to observe the flow of Jeju art. It is also not limited to Jeju, but has a direction to enter the larger market.

The goal of the management is to convey to the public the idea that 'Anyone can buy art'. Last year, it exhibited "Carre D'Artistes" works which mainly European original works. But this year, it is expected to increase the proportion of popular Korean artists including Kim Sung-oh and Lee Wal-jong. This event is an opportunity to see and collect more than 1000 hand-picked works of modern art. It is a golden opportunity to visit when you can see some of the finest works on Jeju Island.

# Jeju Laf Starlight Festival



**Jeju Laf Starlight Festival**

Date  
2018.11.01.~

Place  
Light Art Fasta (LAF)

Price  
Adult 18000 Won  
Youth 10000 Won

'Art Flesh' is an art that shows global works of art for media-based light. Light as a medium is mysterious and fantastical because of its brightness and color, and its infiniteness from shape, but sometimes it's awe-inspiring and stimulating the imagination. Jeju LAF is an exhibition that showcases a rebirth of a wide range of green tea farms into a captivating exhibition space. It is exhibited by Bruce Munro's grand-scale installation/sculpture works that deals with the connection between human and nature and the experience of sharing it. The outdoor exhibition space will be filled with works such as "Jen Lewin" and "Tom Fruin," and the indoor space will be paradoxical but familiar with works by "Jean Pigozzi" and "Lee Byung-chan,"

The Jeju LAF will be the first of its kind in Asia and also introduce various works by global artists. The festival serves as a place for reform where you can enjoy Jeju's night life in full.

I hope you can make happy memories with someone special at the magnificent and fancy Jeju LAF Starlight Festival.

## Soswaewon Walking with Yang San-bo of Soswaecheosa

Soswaewon, located in Damyang, Jeollanam-do, was a grove built around 1530 by Yang san-bo. He built the grove so as to turn to nature and begin his life after retirement. After his teacher, Jo Gwang-jo, was banished from the KI-MYO-SA-HWA, he realized how meaningless trying to get into the government service was. At the age of 17, Yangsanbo decorated the Soswaewon in the nature of Chang-am chon. It was named 'Soswae' because it was clear and clean. Nearly 500 years later today, it reaps praise as the best private garden in Korea in terms of maintaining its original form. Accordingly, Soswaewon was designated as Myeongseung No. 40 and National Historic Place No. 304.

The garden is designed in a trapezoidal shape around the surrounding valley and can be divided into Aeyangdan, Ogokmun, Jewoldang and Gwangpunggak. Major landscape plants of the Soswaewon include bamboo, Japanese apricot

flower, pine, orchid, camellia, paulownia tree, crape-myrtle, hawthorn, Oriental Arborvitae, gardenia seeds, apricot, Asiatic Cornelian Cherry, Kerria, etc. Herbal plants include sweet flag, iris, Big blue lilyturf, Red Spider Lily and chrysanthemum, which all contribute to the grove's beautiful landscape.

In addition, you can see the natural walls of soil and stone, as well as the writings and paintings from the time carved on woodblocks and slates. It gleams motifs of a classical scholar's dream as well as a will to live that makes a difference in the clear and pure world, which serves especially helpful to break away from the chaotic and corrupt world. Although the structure was burned down due to the JEONG-YU-JAE-RAN, it was restored and repaired by descendants and now, over 15 generations later, the descendants are doing well.



The point of view  
of Soswaewon



A place waiting for the phoenix, Daebongdae means waiting for a guest as precious as a phoenix.

Aeyangdan, a yard under a wall that curves in the shape of '□', is the quickest place to melt when it snows in winter.



Ogokmun was made to let water flow under the wall. If you go behind the Ogokmun, there is a mountain stream that has continued for more than 500 years.

## Soswaewon visit postscript

No Hyun-ju

I went to 'Soswaewon' earlier this semester since I thought it was a good opportunity. 'Soswaewon' was much more beautiful than I had heard from my friends who went there or had seen from pictures on the Internet. Amongst the things that stood out, I certainly recall the beautiful buildings but I remember the hanbok experience the most. The prices of the gowns were very expensive because the docents there tried to recreate the old Hanbok as it was many years ago. If it weren't for the Soswaewon, I'd never have worn like that in my life. It was truly an honor to wear it. In addition, around the Soswaewon, there were many pavilions where writers used to write poems as a center of lyrics and literature. Most of the pavilions were not directly accessible, but just looking at them served as a good experience. If I have a chance next time, I would like to visit Soswaewon with my friends or family.

Kim Jin-hee

Soswaewon is clear and clean, so it was named 'soswae'. I was very curious what this place was like because it was my first time visiting. The ducks that greeted us at the side of the box office gave us a happy start to our trip. I changed my clothes to 15th century Hanbok and looked around soswaewon. As I heard Yang san bo's explanation, I could feel the beauty of the soswaewon by watching the intricacy of things that I perhaps normally could just pass by. For me, Aeyangdan is the most memorable place. Yang san bo said that it was a sunny place in soswaewon and so I went to the wall. It was really warm, so I remember it as being amazing. I was tired from all my previous exams, but I think wearing the hanbok for the first time in a long time and getting back in touch with nature will be a good memory for years to come.

Ha I-yan

I live in Jeonju and often go to Hanok Village so I definitely not a stranger to the Hanbok. That being said, Soswaewon Hanbok was astonishing to me. The Hanbok there were really different from the Hanbok that I had up until that point. Additionally, I had heard that they were Hanbok from the middle period of Joseon in 1500. The explanation became more interesting to me when I read about the Soswaewon from the new hanbok. I would never forget foraging through the Soswaewon with explanations that I wouldn't have heard if I'd been here alone. If you visit Damyang, I definitely recommend that you go to Soswaewon.

Nguyen Thi

Tho Thao

As someone once said, "Travel and change of place impart new vigor to the mind." Indeed, this trip to Soswaewon Garden left a deep impression on me. One of the finest and most-satisfying moments of the trip was when I put on the traditional Hanbok and started to explore the culture of Korea. Each moment of that trip brought new sights and new experiences. I had a chance to watch the Korean traditional instrumental performance and also the presentation about these instruments as well. I believe that this place will be one of the best choices for those who want to explore and also experience the Korean culture.



# Review of the 20th Eo-deung Broadcast Festival

KWU Media Center held a “Mind Sharing Concert with My Neighbor” on October 31 in front of Kwangju Women’s University Main Building. They said their goal of the event was to, “offer students and local residents opportunities to see cultural & artistic performances”. This event was exuberantly stuffed with performances such as the “Generation Sympathy Choir” that represent Yangsan Tasun Village, the Ocarina Ensemble “Ye-hyang”, the Acapella Group “EXIT”, and the Children’s Musical Troupe “Kia Challenge”.

Although it was an outdoor performance and the weather was quite cold, it was a heartwarming performance. The song of the Generation Sympathy Choir was especially impressive. This was because they depicted such a beautiful scene with their members, from elementary school students to 80-year-old grandmothers in Yangsan Tasun Village, naturally in harmony. Watching the cheering and applauding of the visitors, I was able to have a great time with them. In addition, it seemed to have prepared a lot at KWU broadcasting station, so I felt proud as a member of the same media center. I will look forward to seeing them at the next vaudeville act.





## How Much Do You Know About Halloween?

These days, we can see a lot of people enjoying Halloween day in Korea. In particular, you can see many people dressed up in amusement parks and restaurants. There are also places where children are told to dress up in kindergarten.

Then, how did this Halloween come about? These days, everyone knows it as one of America's holidays. Although we know it as a time for feasting, dressing up, and getting candy, Halloween actually originated from ancient Celtic rituals. The Celts' New Year's Day began on November 1, not January 1. They believed that even if a person died, their soul was in another person's body for a year. So, people dressed as ghosts and stopped the spirits from entering. This was the beginning of Halloween Day. The Halloween festival, which has become a big event, is growing in size in Korea, and it is expected to continue in the future.



# K-Beauty Enjoys Great Success at the Sephoria Fair

Sephora, the world's largest cosmetics drugstore held the 'Sephoria' Beauty Fair in Los Angeles, USA on September 7. Sephora, which is scheduled to enter Korea in October of this year, has been holding its Sephoria festival since last year. The festival is a place to introduce the latest beauty trends and announce the popular brands that are sold in Sephora. This year's Sephoria was held under the theme of 'House of Beauty' for two days. It invited only 35 of the best performing brands in Sephora. In the Korean brand, 'Laneige' and 'Innisfree' were only invited. So, they stand in comparison with famous brands.

This year's hot issue was K-Beauty. Sephora set the details of the event as 'natural' and 'clean beauty'. This is because they are influenced by K-Beauty, which concentrates on skin care using natural ingredients. A special area called 'The Garden' has been set up by collecting only skin care brands using natural ingredients. Innisfree, which uses green tea as their main ingredient, was attracted to the front booth of 'The Garden'. Visitors were especially surprised by the fragrance and moisture of green tea serum, and highly appreciated K-Beauty.

## S e p h o r i a





## Managing Change of Season Health



In between seasons is time to change the seasons and the difference between day and night so you can be easily exposed respiratory disease and deteriorated immunity. Let's look at how easy it is to prevent seasonal illness.

### 1. Regular exercise and plenty of rest

To improve your body's immunity, it's good to exercise at least 30 minutes with a slight amount of sweat. Also, you should get enough sleep for about six hours a day and make a habit of sleeping regularly. Because while we sleep, we will be able to clean up and restore our tired body.

### 2. Washing hands

Did you know that 70% of the disease is spread through the hands? You can prevent some diseases caused by germs or viruses by washing your hands properly. When washing your hands, it's a good idea to carefully wash them between your fingers and under your nails for at least 20 seconds.

### 3. Drinking hot tea and water

In fall and winter, the moisture in the body decreases as well as the humidity decreases. It helps to keep from drying out by getting enough water 1.5 to 2 liters per day. Warm water will send out cold energy and circulate blood, so it is better to drink warm water than cold water during the in between seasons.

### 4. Maintain proper room temperature and humidity

If the daily temperature is more than 10 degrees, the immunity drops sharply, making it easier to contract a changing season disease. This is because when the body is under stress, the autonomic nervous system imbalance makes it difficult to control the body temperature, which slows down the body's metabolism and eventually reduces immunity. When you go out, it's a good idea to stack several thin layers of clothing to respond to temperature changes, and to wear a hat, scarf, mask, or long neck sock to minimize heat loss on exposed parts of your body.



세상을 아름답게 가꾸는 MAUM교육 선도대학



www.kwu.ac.kr

2020학년도

# 광주여자대학교

정시(가군, 나군) 신입생 모집 요강



교육부 대학기본역량진단  
**자율개선대학 확정**  
일반재정지원수혜(2019~2021년)

**신입생 100% 장학금지급**  
(개인별 장학금 차등지급)

**2019년 대학기관 평가인증**  
(한국대학평가원)

2019년 정부주관 **3**관왕  
청년고용 정책

전국 7개 여자대학교 중  
**8년 연속 취업률**  
(공시년도 : 2011~2018년)

# 1위!

대학일자리센터 운영기관·청년취업아카데미사업·지역주도형 청년일자리 사업 선정

**Plus** 친구 @광주여대입학상담 친구추가 하세요! **TALK**

입학상담 : 62396 광주광역시 광산구 광주여대길 40 TEL.062-950-3521~4